



NATIONAL ADVANCED ESTHETICS (AP) PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN

Please visit www.nicesting.org for the most current bulletin prior to testing.

This bulletin contains important information regarding the NIC National Advanced Esthetics Practical (AP) Examination content and administration. Please review all information carefully.

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination.
- Candidates are required to bring their own kit with sufficient quantity of supplies in sanitary condition. This includes the required implements in proper working order, and protective drapes. The kit must be kept closed except when removing or replacing materials for a particular service. The kit will be used during the examination as dry storage and is considered part of the work area.
- All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. Candidates may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.
- Candidates are evaluated at all times. Continue demonstrating until you have completed the entire section.
- Candidates will be given 10 minutes for client protection and to set up the general supplies that they will use throughout the examination.
- Candidates will also be given 2 minutes to set up the supplies for each section of the examination.
- The verbal instructions will be read twice for each section of the examination. Each examination section has a maximum time allowance. Once you have completed all tasks in the section please step back to indicate that you are finished. In the event that all candidates complete the section before the time has elapsed the examiners will proceed to the next section of the examination.
- Candidates must follow all appropriate public protection and infection control procedures during all phases of the practical examination that will ensure the health, safety, and welfare of the public. In the event of a blood spill candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
- Cellular phones, pagers, any electronic device, printed materials, and handwritten notes are NOT permitted in the examination room. Talking to other candidates or any examiner is strictly prohibited. Failure to comply with any of these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities. Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an emergency situation please ask to speak with the supervisor.

- Manufacturer's labels are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are NOT allowed for disinfectants and hand sanitizers.
- All products are considered multi-use. Candidates are not allowed to label containers as one-time use.

MODEL OR MANNEQUIN(S)

Depending on the state, candidates will either use a live model or mannequin head for the examination.

*** Please refer to State guidelines.**

***If your state permits a live model:**

Models must be at least 15 years of age and cannot be licensed or a student studying in this field. Models must be present with the candidate at the beginning of the practical examination. The model must present a valid driver's license or State ID card for admittance to the examination. The model must be appropriate for examination purposes. The model must agree to submit to all areas of the practical examination. Models may not participate in any way during the examination. Models are not permitted to talk to the candidate or examiners at any time during the examination.

If your state permits a mannequin head(s):

If you are required to bring a mannequin head(s), it is the candidate's responsibility to appear at the practical examination with their mannequin head(s).

ADVANCED ESTHETICS (AP) PRACTICAL EXAMINATION CONTENT SECTIONS

The scope of the National Esthetics (AP) Practical Examination includes 9 (nine) core domain services. The core domain services are based on the national job analysis. The core domain services are as follows:

Core Domain Services

Setup and Client Protection
Cleansing the Face
Manual Lymphatic Drainage
Ultrasonic Exfoliation Treatment
Jessner's or 20% BHA Chemical Peel
Particle Microdermabrasion
Advanced Facial Treatment – LED
Electricity and Electrical Equipment – Microcurrent
Advanced Body Treatment – Dry Exfoliation and Mud or Seaweed Mask

SETUP AND CLIENT PROTECTION

(10 minutes)

* Please refer to State guidelines

Verbal Instructions:

"You will now set up the general supplies that you will use throughout your examination."

"You will also set up the cleansing supplies and perform proper draping."

"You will be observed for client protection, proper draping, safety and infection control procedures."

"You will have 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin set up."*

Candidates will be evaluated on the following tasks:

Preparation

- Disinfects work area or uses protective covering
- Disposes of soiled materials using infection control procedures
- Sanitizes hands or puts on gloves
- Sets up work area with supplies and receptacles labeled in English
- Sets up disinfected and/or disposable implements
- Re-sanitizes hands or gloves
- Applies body drape or cover for protection
- Applies hair drape to cover model's/mannequin's hair

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

CLEANSING THE FACE

(10 minutes)

Verbal Instructions:

"You will now perform the cleansing the face section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will have 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sanitizes hands or puts on gloves

Demonstration of Cleansing the Face

- Removes cleanser from container and cleanses lips and eyes completely and safely using infection control procedures
- Removes cleanser from container and cleanses entire face safely without dragging or pulling skin using infection control procedures

- Removes all residual makeup and cleanser safely
- Applies toner/astringent safely

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

MANUAL LYMPHATIC DRAINAGE

(10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Manual Lymphatic Drainage section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the Manual Lymphatic Drainage section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will be given 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sanitizes hands or puts on gloves

Demonstration of Lymphatic Drainage

- Demonstrates slow, stationary circles with pads of fingers between thyroid cartilage and sternocleidomastoid muscle for at least one minute on both sides of the neck simultaneously
- Demonstrates slow, stationary circles with pads of fingers on jawline for one minute on both sides of the face simultaneously
- Demonstrates slow, stationary circle with pads of fingers for at least one minute on both temples simultaneously

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

ULTRASONIC EXFOLIATION TREATMENT
(10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Ultrasonic Exfoliation Treatment section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

*"You will now perform the Ultrasonic Exfoliation Treatment section of this examination."
"You will be observed for client protection, safety and infection control procedures."
"You will be given 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."*

- (1) *"The instructions will be repeated."*
- (2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sets up supplies labeled in English
- Sets up disinfected and/or disposable implements
- Wears or sanitizes gloves

Demonstration of Ultrasonic Exfoliation Treatment to Forehead and Upper Lip

- Attaches wristband to model/mannequin
- Applies ear and eye protection to model/mannequin safely
- Applies solution to the skin with a gauze pad or sponge to maintain a moist work area safely
- Performs gentle, horizontal ultrasonic strokes moving across entire forehead, working from eyebrow upwards towards hairline, holding the hand piece at a 45° angle and holding skin taut
- Performs gentle ultrasonic strokes in a downward motion from the nose to the upper lip, while holding the hand piece at a 45° angle and holding the skin taut
- Cleans treated area with damp sponge or towel safely

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

JESSNER'S OR 20% BHA CHEMICAL PEEL
(10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Jessner's or 20% BHA Chemical Peel section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

*"You will now perform the Jessner's or 20% BHA Chemical Peel section of this examination."
"You will be observed for client protection, safety and infection control procedures."
"Upon completion of this section, you will be instructed by your examiner to remove any residue from the face."
"You will be given 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."*

- (1) *"The instructions will be repeated."*
- (2) *"You may begin."*

Preparation

- Sets up supplies labeled in English
- Sets up disinfected and/or disposable implements
- Wears or sanitizes gloves

Demonstration of Jessner's or 20% BHA Chemical Peel of the Face

- Removes degreaser/prep solution from container and applies it safely to area to be treated using infection control procedures
- Removes occlusive barrier from container and applies it safely to appropriate area using infection control procedures
- Applies eye protection to model/mannequin safely
- Removes the peel solution from container and applies it safely to the area to be treated with cotton swabs using infection control procedures

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

PARTICLE MICRODERMABRASION
(10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Particle Microdermabrasion section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You may now remove any residual product at this time."

"You will now perform the Particle Microdermabrasion section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will be given 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sets up supplies labeled in English
- Sets up disinfected and/or disposable implements
- Wears or sanitizes gloves

Demonstration of Particle Microdermabrasion to entire Forehead

- Removes degreaser/prep solution from container and applies it safely to area to be treated using infection control procedures
- Dries area to be treated with absorbent material safely
- Applies goggles to model/mannequin safely
- Candidate wears eye protection, mask, and gloves
- Holds skin taut (without slack) throughout microdermabrasion
- Demonstrates horizontal strokes on entire forehead moving from center of forehead, out towards temples, just above eyebrows, working upwards towards hairline
- Demonstrates vertical strokes on entire forehead, moving from just above eyebrows, upwards towards hairline, working from center of forehead towards temples
- Brushes away excess particles using dry material safely
- Cleans treated area with damp sponge or towel safely

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

ADVANCED FACIAL TREATMENT-LED
(10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the LED section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the LED section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will be given 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sets up work area with supplies labeled in English
- Sets up disinfected and/or disposable implements
- Sanitizes hands or puts on gloves

Demonstration of LED treatment to the Entire Face

- Removes degreaser/prep solution from container and applies it safely to area to be treated using infection control procedures
- Dries area to be treated with absorbent material safely
- Applies eye and thyroid protection safely
- Holds hand piece so light strikes skin safely
- Moves light around face, pausing to ensure entire face is treated

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

**ELECTRICITY AND ELECTRICAL
EQUIPMENT - MICROCURRENT
(10 minutes)**

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Microcurrent section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the Microcurrent section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will be given 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sets up work area with supplies labeled in English
- Sets up disinfected and/or disposable implements
- Sanitizes hands or gloves

Demonstration of Microcurrent to the Obicularis Occuli (eyebrow)

- Removes conducting gel from container and applies it safely to area to be treated using infection control procedures
- Moistens conductors using infection control procedures and places them above and below brow at start of eyebrow safely
- Moves lower conductor gently upward toward brow while keeping upper conductor stationary, safely
- Continues moving both conductors along length of brow pausing at each placement safely
- Removes all residual product safely
- Removes protection cream from container and applies it to treated area safely using infection control procedures

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

**ADVANCED BODY TREATMENT-DRY
EXFOLIATION AND
MUD OR SEAWEED MASK
(15 minutes)**

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the Dry Exfoliation and Mud or Seaweed Mask section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the Dry Exfoliation and Mud or Seaweed Mask section of this examination."

"You will be observed for client protection, safety and infection control procedures."

"You will be given 15 minutes to complete this section."

"You will be informed when you have 8 minutes remaining."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

Preparation

- Sets up work area with supplies labeled in English
- Sets up disinfected and/or disposable implements
- Sanitizes hands or gloves

Demonstration of Dry Exfoliation on forearm

- Removes cleanser from container and applies it to area to be treated using infection control procedures
- Removes all cleanser from forearm
- Dry exfoliates forearm

Demonstration of Mud or Seaweed Mask on forearm

- Removes mud or seaweed mask product from container and applies it to area to be treated using infection control procedures
- Applies plastic wrap and dry towel to forearm
- Removes and disposes of plastic wrap and towel
- Removes mud or seaweed mask product with damp towel safely
- Removes hydrating product from container and applies it to area to be treated using infection control procedures

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in proper receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in safe manner throughout service

**CANDIDATE SUMMARY
AND FINAL CLEANUP**

Verbal Instructions:

"This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination."

RECOMMENDED GENERAL SUPPLIES

ALL SUPPLIES MUST BE LABELED IN ENGLISH. ALL PRODUCTS ARE CONSIDERED MULTI-USE. CANDIDATES ARE NOT ALLOWED TO LABEL CONTAINERS AS ONE-TIME USE.

*** Please refer to State guidelines**

- Dry storage kit/container*
- Hand sanitizer
- Model and/or mannequin head(s) and a table clamp*
(mannequins with permanent makeup are NOT permitted)
- Body drape
- Head drape
- Disposable gloves
- EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used.
- Disposable item receptacle
- Disinfectable item receptacle
- Cloth and paper towels
- Tissues
- Applicators
- Spatulas
- First aid supplies (blood spill kit)
- Tape
- Cleanser
- Astringent or toner
- Container or thermos of water
- Bowls
- Spongers, gauze pads, or cotton rounds, etc.

CLEANSING THE FACE SUPPLIES

N/A

MANUAL LYMPHATIC DRAINAGE SUPPLIES

N/A

ULTRASONIC EXFOLIATION TREATMENT SUPPLIES

- Simulated hand piece (spatula, paint scraper, putty knife, etc.) with 4' simulated cord attached
- Sponges, gauze pads, or cotton rounds, etc.
- Towels
- Simulated wristband (rubber band)
- Eye protection (model/mannequin)
- Ear protection (model/mannequin)
- Container or thermos of simulated solution (water)
- Tissue
- Bowl
- Gloves

JESSNER'S OR 20% BHA CHEMICAL PEEL SUPPLIES

- Simulated peel solution (water or liquid, no gels)
- Container for Simulated peel solution
- Simulated occlusive product (Vaseline, toothpaste, etc.)
- Simulated degreaser/prep solution (water)
- Eye protection (model/mannequin)
- Peel applicator (cotton swabs)
- Gauze pads or cotton rounds
- Spatula
- Bowl
- Sponges
- Gloves

PARTICLE MICRODERMABRASION SUPPLIES

- Hand piece or simulated hand piece with 4' tubing or simulated tubing attached
- Simulated degreaser/prep solution
- Dry material for brushing (brush, gauze, cotton, etc)
- Face mask (candidate)
- Goggles (model/mannequin)
- Safety glasses (candidate)
- Tissue
- Bowl
- Gauze pads or cotton rounds
- Container of water
- Sponges or towel
- Gloves

ADVANCED FACIAL TREATMENT-LED SUPPLIES

- Hand piece that emits light (small flashlight) with 4' simulated cord attached
- Eye protection (model/mannequin)
- Thyroid protection (washcloth)
- Simulated degreaser/prep solution
- Tissue
- Bowl
- 4x4 gauze pads
- Gloves

ELECTRICITY AND ELECTRICAL CURRENT-MICROCURRENT SUPPLIES

- Simulated conducting probes (cotton swabs or chopsticks) with 4' simulated cords attached
- Simulated conducting gel
- Container or thermos of water
- Protection cream
- Spatula or cotton swabs
- Gauze pads
- Bowl
- Sponges
- Tissue
- Gloves

**ADVANCED BODY TREATMENT-DRY
EXFOLIATION AND MUD OR SEAWEED MASK
SUPPLIES**

- Simulated Mud or Seaweed Mask (aloe gel)
- Plastic wrap
- Wet and dry towels
- Cleanser
- Dry exfoliator (dry brush, loofah, exfoliating glove, etc)
- Spatula
- Applicator
- Hydrating product
- Container or thermos of water
- Bowl
- Sponges
- Gloves

ADVANCED ESTHETICIAN (AP) REFERENCES

Milady's Standard Esthetics, Advanced Ed., 2010

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Advanced Face and Body Treatments for the Ed., 2006

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Microdermabrasion, Ed., 2006 Milady

5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Milady's Hair Removal Techniques Ed., 2004

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Milady's Standard Comprehensive Training for Estheticians Ed., 2003

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Milady's Standard Fundamentals for Estheticians Ed., 2004

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Peels and Peeling Agents

Ed., 2006
Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

Salon Fundamentals Esthetics A Resource for Your Skin Care Career, 2004

Pivot Point International, Inc.
Evanston, IL 60201
(800) 866-4247
www.pivot-point.com

Skin Care: Beyond the Basics Ed., 2001

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

The Clinical Esthetician Ed., 2004

Milady
5 Maxwell Drive
Clifton Park, NY 12065
(800) 347-7707
www.Milady.com

NIC Health and Safety Standards

NIC, Inc., October 2002
www.nicesting.org

NIC HEALTH AND SAFETY STANDARDS BLOOD SPILL PROCEDURE

If a blood spill should occur, the following steps **MUST** be followed:

- **SUPPLY INJURED PARTY WITH LIQUID STYPTIC/ANTISEPTIC AND THE APPROPRIATE DRESSING TO COVER THE INJURY.**
- **DOUBLE BAG ALL BLOOD-SOILED (CONTAMINATED) ARTICLES AND LABEL WITH RED OR ORANGE BIOHAZARD WARNING.** This is the responsibility of the candidate and should be executed as follows:

CANDIDATE INJURY – FOR EXAMINATION PURPOSES

1. **PROTECTION** – If a cut is sustained, stop the service and clean the injured area.
2. **APPLY** antiseptic and/or liquid or spray styptic as appropriate (*see NOTE*).
3. **DRESSING** - cover the injury with the appropriate dressing.
4. **COVER** injured area with finger guard or glove as appropriate.
5. **CLEAN** model/client and station as appropriate.
6. **DOUBLE BAG** and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
7. **RETURN** to service.

MODEL INJURY – FOR EXAMINATION PURPOSES

1. **STOP** service.
2. **GLOVE** hands of candidate/student/licensee.
3. **CLEAN** injured area as appropriate.
4. **APPLY** antiseptic and/or liquid or spray styptic as appropriate (*see NOTE*).
5. **COVER** the injury with the appropriate dressing to prevent further blood exposure.
6. **DOUBLE BAG** and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
7. **RETURN** to service.

EXAMINERS:

- **EXAMINER IS TO USE UNUSED DISPOSABLE LATEX GLOVES OR NON-ALLERGENIC EQUIVALENT WHEN CHECKING THAT CANDIDATE'S SERVICE. DOUBLE BAG AND DISPOSE USED GLOVES.**
- **FOLLOW WITH ANTIMICROBIAL SCRUB ON HANDS.**
- **DOCUMENT INCIDENT IN BLOOD SPILL LOG.**

NOTE: DO NOT ALLOW CONTAINERS, BRUSHES, NOZZLES OR LIQUID STYPTIC TO TOUCH THE SKIN OR CONTACT THE WOUND. USE AN APPLICATOR. EXAMINERS SHOULD ALSO COMPLETE AN INCIDENT REPORT.

WET DISINFECTION STANDARD

- 1** All tools and implements, **EXCEPT THOSE THAT HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS** must be disinfected, at minimum, by complete immersion in an EPA registered, *bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals)* disinfectant that is mixed and used according to the manufacturer's directions.
- 2** All tools and implements **WHICH HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS** must be disinfected, at minimum, by complete immersion in an EPA registered disinfectant that is effective *against HIV-1 and human Hepatitis B Virus or Tuberculocidal* that is mixed and used according to the manufacturer's directions.

DRY STORAGE STANDARD

Disinfected implements must be stored in a disinfected, dry, covered container and be isolated from contaminants.

HAND WASHING

(Anti-Bacterial Soap is recommended)

Thoroughly wash hands and the exposed portions of arms with antibacterial soap and water before providing services to **each client** and after smoking, drinking, eating, and using the restroom.

NAIL TECHNOLOGY

Practical Examinations

Liquid Monomer containing *Methyl Methacrylate (MMA)* is **prohibited** for use during NIC practical examinations.

Odorless sculpture nail products **are required** for use during NIC practical examinations.

Adopted as amended October 2002

Visit our website at www.nictesting.org