



Esthetics Candidate Briefing and Verbal Instructions

At the beginning of the examination, please read the following statements:

“Good morning/afternoon. On behalf of the National Interstate Council of State Boards of Cosmetology, we would like to welcome you.

All candidates participating in the practical examination will be given the same instructions.

Talking with other candidates or the examiners is strictly prohibited. Examiners are NOT allowed to answer any questions.

Candidates are responsible for having all the needed supplies and are evaluated at ALL times.

Restrooms are located _____; drinking water is located _____. Emergency exits are located _____.

Once the examination has started, you may only leave the testing area with permission. Please raise your hand for assistance. You will need to sign out, and sign back in. The examination will continue and you will NOT be given extra time. Only one candidate may leave at a time. If you have an emergency situation please ask for the supervisor.

Cellular phones, pagers, and electronic devices are NOT permitted in the examination room. If it is discovered that you have any electronic device, you will be dismissed immediately and your actions will be reported to the proper authorities.

Please take notice that the NIC Health and Safety Standards are posted in the event of a blood spill.

All verbal instructions will be read twice. Once you have completed all tasks please indicate that you are finished.”

Examiners may make the following statements when needed during the examination:

- ***“Do as you were taught.”***
- ***“Do the best you can with what you have available.”***
- ***“Please continue demonstrating.”***



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| SET UP AND CLIENT PROTECTION (15 minutes) |
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Verbal Instructions:

“You will now set up the general supplies that you will use throughout your examination.”

“You will also set up the cleansing and steaming supplies and perform proper draping.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

*** Please refer to State guidelines.**

***Verbal Instructions used only if state elects to use Hard Wax Procedure.**

“At this time you may plug in your wax heater and set to the appropriate setting.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin set up.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



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| CLEANSING AND STEAMING THE FACE (15 minutes) |
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Verbal Instructions:

“You will now perform the cleansing and steaming the face section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



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| <p style="text-align: center;">MASSAGING THE FACE (10 minutes)</p> |
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Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the massaging the face section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the massaging the face section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will be given 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



MANUAL EXTRACTION ON THE FOREHEAD

This section is not timed as the examiner will instruct each candidate individually to demonstrate the procedure.

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the manual extraction on the forehead section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform a manual extraction on the forehead.”

“Do not demonstrate the manual extraction until instructed.”

“You will be instructed individually once you have completed preparation.”

“You will be observed for client protection, safety and infection control procedures.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin preparation.”*

Examiners will read the following to each candidate:

“Please demonstrate a manual extraction procedure on the forehead.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



HAIR REMOVAL OF THE EYEBROWS

This section is not timed as the examiner will instruct each candidate individually to demonstrate the procedure.

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the hair removal of the eyebrows section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the hair removal of the eyebrows section of this examination.”

“You will be instructed individually to demonstrate the tweezing and soft wax procedure.”

“Do not demonstrate hair removal until instructed.”

“You will be observed for client protection, safety and infection control procedures.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin preparation.”*

Examiners will read the following to each candidate:

“Please demonstrate the tweezing procedure.”

Examiners will read the following to each candidate:

“Please demonstrate the soft wax procedure.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



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| FACIAL MASK (10 minutes) |
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Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the application of the facial mask section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the facial mask section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will be given 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



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| FACIAL MAKEUP (20 minutes) |
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Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the facial makeup section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the facial makeup section of this examination.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 20 minutes to perform this section.”

“You will be informed when you have 10 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



HAIR REMOVAL WITH HARD WAX ON UPPER LIP (OPTIONAL SERVICE)

This section is not timed as the examiner will instruct each candidate individually to demonstrate the procedure.

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the hair removal with hard wax on upper lip section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the hair removal with hard wax on the upper lip section of this examination.”

“You will be instructed individually to demonstrate the hard wax procedure.”

“Do not begin to demonstrate hair removal until instructed.”

“You will be observed for client protection, safety and infection control procedures.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin preparation.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



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| CANDIDATE SUMMARY AND FINAL CLEANUP |
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At the conclusion of the examination, please read the following statements:

“This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination.”