



Natural Hair Stylist Candidate Briefing and Verbal Instructions

At the beginning of the examination, please read the following statements:

“Good morning/afternoon. On behalf of the National Interstate Council of State Boards of Cosmetology, we would like to welcome you.

All candidates participating in the practical examination will be given the same instructions.

Talking with other candidates or the examiners is strictly prohibited. Examiners are NOT allowed to answer any questions.

Candidates are responsible for having all the needed supplies and are evaluated at ALL times.

Restrooms are located _____; drinking water is located _____. Emergency exits are located _____.

Once the examination has started, you may only leave the testing area with permission. Please raise your hand for assistance. You will need to sign out, and sign back in. The examination will continue and you will NOT be given extra time. Only one candidate may leave at a time. If you have an emergency situation please ask for the supervisor.

Cellular phones, pagers, and electronic devices are NOT permitted in the examination room. If it is discovered that you have any electronic device, you will be dismissed immediately and your actions will be reported to the proper authorities.

Please take notice that the NIC Health and Safety Standards are posted in the event of a blood spill.

All verbal instructions will be read twice. Once you have completed all tasks please indicate that you are finished.”

Examiners may make the following statements when needed during the examination:

- *“Do as you were taught.”*
- *“Do the best you can with what you have available.”*
- *“Please continue demonstrating.”*



<p style="text-align: center;">SET UP AND CLIENT PROTECTION (10 minutes)</p>
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Verbal Instructions:

“You will now set up the general supplies that you will use throughout your examination.”

“You will also set up the invisible braid supplies.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin set up.”*

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



INVISIBLE/OVERHAND BRAID (15 minutes)
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Verbal Instructions:

“You will now perform the invisible braid section of this examination in the right front section of the head.”

“You will divide the head into three quadrants from ear to ear and from crown to forehead.”

“You will be instructed to remove the braid.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the braid.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



<p style="text-align: center;">VISIBLE/UNDERHAND BRAID (15 minutes)</p>

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the visible braid section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the visible braid section of this examination in the right front section of the head.”

“You will be instructed to remove the braid.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the braid.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



SEW-ON METHOD (15 minutes)

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the sew-on method section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the sew-on method section of this examination.”

“You will create a horizontal cornrow in the nape section of the head.”

“You will attach the weft of hair to the cornrow track.”

“You will be instructed to remove the weft of hair.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the extension and cornrow track.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



BONDED METHOD (15 minutes)

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the hair bonded method section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the bonded method section of this examination in the nape section of the head.”

“You will be instructed to remove the weft of hair.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the extension and bonding adhesive.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



EXTENSION TO INVISIBLE BRAID
(15 minutes)

Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the extension to invisible braid section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the extension to invisible braid section of this examination to the left front section of the head.”

“You will be instructed to remove the extension.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the extension.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



EXTENSION TO VISIBLE BRAID (15 minutes)
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Verbal Instructions for Set Up:

“You have 2 minutes to remove the supplies from your kit for the extension to visible braid section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”

Verbal Instructions:

“You will now perform the extension to visible braid section of this examination to the left front section of the head.”

“You will be instructed to remove the extension.”

“You will be observed for client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Examiners will read the following to each candidate:

“Please demonstrate removing the extension.”

Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”



CANDIDATE SUMMARY AND FINAL CLEANUP

At the conclusion of the examination, please read the following statements:

“This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination.”