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## Esthetics Candidate Briefing and Verbal Instructions

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**At the beginning of the examination, please read the following statements:**

*“Good morning/afternoon. On behalf of \_\_\_\_\_ we would like to welcome you. As NIC certified examiners, we have been directed to read the instructions for each area of the examination. All candidates participating in the performance examination will be given the same instructions.*

*Once the examination has started, you will only be able to leave the testing area with the permission of your examiner.*

*Restrooms are located \_\_\_\_\_; drinking water is located \_\_\_\_\_. If you find it necessary to leave your work area, raise your hand and an examiner will assist you. You will need to sign out, and sign in. The examinations will continue and you will not be permitted extra time. Only one person at a time may leave, so please return as quickly as possible.*

*In the event of an emergency, the emergency exits are located \_\_\_\_\_.*

*Talking with other candidates or the examiners during the examination is strictly prohibited. Doing so will result in your dismissal from the examination and a report of your actions to the proper authorities. Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal opportunity for all candidates and standardization in testing for the national practical examination. If you have an emergency situation please ask to speak with the examination coordinator.*

*During all sections of the practical examination you will be expected to follow all safety and infection control procedures. You will also be scored for proper draping and proper care and handling of implements. You are evaluated at all times.*

*You are responsible for having all the needed supplies.*

*Please take notice that the NIC Health and Safety Standards are posted and a first aid kit is available in the event of a blood spill.*

*Please turn off all cellular phones, pagers, and electronic devices while in the examination room.*

*You will be given 15 minutes for client protection and to setup the general supplies that you will use throughout your examination. You will be expected to perform proper draping. For safety reasons please place kits and all supplies underneath your work area. Before each section of your examination you will have 2 minutes to remove the supplies from your kit in preparation for the next section of your examination. Please only remove your supplies from your kit during the 2-minute time frame. Do not begin any procedures until the verbal instructions have been read for each section of the examination and you are instructed to begin.*

*The verbal instructions will be read twice for each section of the examination. Each examination section has a maximum time allowance. Once you have completed all tasks in the section please step back to indicate that you are finished. In the event that all candidates complete the section before the time has elapsed the examiners will proceed to the next section of the examination.”*

**\*The Hard Wax Upper Lip section of the Esthetics examination is performed with either a simulated wax product or a hot wax product. Please read the appropriate instructions for set up and client protection for your state.**

*\*Please refer to State guidelines.*

<p style="text-align: center;"><b>SET UP AND CLIENT PROTECTION</b> <b>(15 minutes - HOT wax product)</b></p>
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**Verbal Instructions:**

*“You will now set up the general supplies that you will use throughout your examination.”*

*“You will also set up the supplies for cleansing the face section of this examination.”*

*“At this time you may plug in your wax heater and set to the appropriate setting.”*

*“You will perform the client protection section of this examination.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 15 minutes to set up the general supplies that you will use throughout your practical examination and to drape your model.”*

*“You will be informed when you have 8 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>SET UP AND CLIENT PROTECTION</b> <b>(*15 minutes - SIMULATED wax product)</b></p>
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**Verbal Instructions:**

*“You will now set up the general supplies that you will use throughout your examination.”*

*“You will also set up the supplies for cleansing the face section of this examination.”*

*“You will perform the client protection section of this examination.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 15 minutes to set up the general supplies that you will use throughout your practical examination and to drape your model.”*

*“You will be informed when you have 8 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

**CLEANSING THE FACE**  
**(10 minutes)**

**Verbal Instructions:**

*“You will now perform the cleansing section of this examination.”*

*“You will be expected to perform the necessary steps to cleanse the face.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>STEAMING THE FACE</b> <b>(10 minutes)</b></p>
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**Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the steaming section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

**Verbal Instructions:**

*“You will now perform the steaming section of this examination.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will be given 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>MASSAGING THE FACE</b> <b>(10 minutes)</b></p>
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**Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the massage section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

**Verbal Instructions:**

*“You will now perform the massage section of this examination.”*  
*“You will apply massage cream, demonstrate facial manipulations, and remove the massage cream.”*  
*“You will demonstrate effleurage, petrissage, tapotement, and friction.”*  
*“You will be observed for client protection.”*  
*“You will be expected to follow all safety and infection control procedures.”*  
*“You will be given 10 minutes to complete this section.”*  
*“You will be informed when you have 5 minutes remaining.”*  
**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>MANUAL EXTRACTION ON THE FOREHEAD</b> <b>(10 Minutes)</b></p>
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**Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the manual extraction section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

**Verbal Instructions:**

*“You will now perform the manual extraction section of this examination.”*

*“You will be instructed to simulate a manual extraction procedure by your examiner.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will be given 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Examiners will read the following to each candidate:**

*“Please demonstrate a manual extraction procedure on the forehead.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

## **HAIR REMOVAL OF THE EYEBROWS**

**(15 minutes)**

### **Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the hair removal of the eyebrows section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

### **Verbal Instructions:**

*You will now perform the hair removal of the eyebrows section of this examination.”*

*“You will be instructed to demonstrate the tweezing procedure on one eyebrow by your examiner.”*

*“You will also be instructed to demonstrate the soft wax procedure on the other brow by your examiner.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 15 minutes to perform this task.”*

*“You will be informed when you have 8 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

### **Examiners will read the following to each candidate:**

*“Please demonstrate the tweezing procedure.”*

### **Examiners will read the following to each candidate:**

*“Please demonstrate the soft wax procedure.”*

### **Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>HAIR REMOVAL ON UPPER LIP</b> <b>(10 Minutes)</b></p>
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**Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the hair removal on upper lip section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

**Verbal Instructions:**

*“You will now perform the hair removal on the upper lip section of this examination.”*

*“You will be instructed to demonstrate the hard wax procedure by your examiner.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Examiners will read the following to each candidate:**

*“Please demonstrate the hard wax procedure.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>FACIAL MASK</b> <b>(10 minutes)</b></p>
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**Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the application of the mask section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

**Verbal Instructions:**

*“You will now perform the facial mask section of this examination.”*

*“You will be required to apply the mask and then remove it.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will be given 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

## **FACIAL MAKEUP**

**(20 minutes)**

### **Verbal Instructions for Set Up:**

*“You have 2 minutes to remove the supplies from your kit for the facial makeup section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up.”*

### **Verbal Instructions:**

*“You will now perform the facial makeup section of this examination.”*

*“You will apply makeup for a daytime look.”*

*“You will be observed for client protection.”*

*“You will be expected to follow all safety and infection control procedures.”*

*“You will have 20 minutes to perform this task.”*

*“You will be informed when you have 10 minutes remaining.”*

**(1)** *“The instructions will be repeated.”* **(2)** *“You may begin.”*

**Note to examiners: Please read the following statement if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:**

*“All candidates have stepped back to indicate that they have completed this section of the examination, we will now proceed to the next section of the examination.”*

<p style="text-align: center;"><b>CANDIDATE SUMMARY AND FINAL CLEANUP</b></p>
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**At the conclusion of the examination, please read the following statements:**

*“This concludes the National Practical Examination, please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination.”*