



NATIONAL ESTHETICS
PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN

Please visit your examination provider's website for the most current bulletin prior to testing.

The National Esthetics practical examination is the licensure examination for Estheticians, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding the NIC National Esthetics Practical Examination content and administration.

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. Picture ID is required for re-entry into examination.
- Candidates are required to bring a kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
 - All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. At the conclusion of the examination, do NOT dispose of waste materials, chemicals, products, or water in the trash receptacles or restrooms.
- Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
- The verbal instructions will be read twice for each section of the examination.
 - With the exception of verbal instructions, the proctors and examiners are not allowed to communicate with candidates.
 - If you have an emergency situation, please notify the proctor.
- Candidates will be given time to set up the universal (also known as general) supplies that they will use for the examination.
- Each section of the examination has a maximum time allowance, except for those specified as untimed sections.
 - Once you have completed all tasks in the section please step back or turn the hand toward the examiner (in the case of nail services) to indicate that you are finished.
 - In the event that all candidates complete the section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - If the timer goes off, you must stop working and step back or turn the hand toward the examiner (in the case of nail services).
- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure, candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
 - *Be sure to contact your examination provider to obtain the most current version of, and any addendums, to the NIC Health and Safety standards.*
 - **If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**

- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in your immediate dismissal from the examination and your actions reported to the proper authorities.*
- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels must have English and may also include other languages. All non-manufacturer, created labels must be English only.
 - Original manufacturer's labels are required for certain products such as disinfectants and hand sanitizers.
 - An EPA-registered, hospital-grade disinfectant that demonstrates bactericidal, fungicidal, and virucidal properties must be used. Please refer to the "Suggested Examination Supplies" section to see specific requirements for supplies and products.
 - Simulated products are NOT allowed for disinfectants and hand sanitizers.
 - No aerosols are allowed in the testing environment.
 - There is a section titled "Suggested Examination Supplies" provided following the "Content Domains" section of this bulletin.

MODEL OR MANNEQUIN(S)

Depending on the state, candidates will either use a mannequin hand, mannequin head, or live model for the examination.

*** Please refer to State guidelines.**

If your state requires that you use a mannequin head(s) or hand(s):

If you are required to use a mannequin head(s), it is the candidate's responsibility to come prepared for the examination. **Mannequin heads that are premarked or presectioned are NOT allowed for any part of the practical examination.**

If you are required to use a mannequin hand(s), it is the candidate's responsibility to come prepared for the examination. **The mannequin hand must be an entire hand and cannot have removable digits.**

Mannequin heads and hands must be approved by the examination provider prior to admittance into examination.

***If your state requires that you use a live model:**

- Models must be at least 15 years of age and cannot be licensed or a student studying in this field.
- Any individual who has received training for or participated in the development or administration of any cosmetology, barbering, or related professions is prohibited from serving as a model.
- Models must be present with the candidate at the beginning of the practical examination.
- The model must present a valid driver's license or State ID card for admittance to the examination.
- The model must be appropriate for examination purposes.
- The model must agree to submit to all areas/sections of the practical examination.
- Models are not permitted to communicate with or assist the candidate during the examination. The models may not communicate with the examiner or proctor during the examination

SPECIAL ATTENTION!

The following information is vital and specific to the
National Esthetics Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled “to be disinfected”
 - Container labeled “soiled linens”
 - Container labeled “trash”
- It is specified that there is **more than one client** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Esthetics Practical Examination Content Domains Sections).
- The examination includes a Blood Exposure Procedure (Content Domain Section 12.)
- During the Facial Makeup (Content Domain Section 10), candidates are expected to brace while working around the eye and mouth areas.
- During the Eyelash Enhancement (Content Domain Section 11, Additional Section), candidates are expected to brace while working around the eye.
- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.

**ESTHETICS PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS**

The scope of the National Esthetics Practical Examination includes 9 (nine) core domain services. The Core Domain Sections are based on the national job analysis and denoted below with a *.

1. Work Area and Client Preparation, and Set Up of Universal Supplies (First client)* (15 minutes)
2. Cleansing of the Face with Product* (10 minutes)
3. Exfoliating the Face with Product, Using Facial Brush, Including Towel Steaming* (10 minutes)
4. Massaging the Face with Product* (10 minutes)
5. Work Area and **New Client** Preparation, and Set Up of Supplies (Second client)* (15 minutes)
6. Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax* (Untimed)
7. Hair Removal of the Upper Lip Using Hard Wax+ (Untimed)
8. Particle Microdermabrasion on the Forehead+ (10 minutes)
9. Facial Mask and Conclusion of Facial Service* (10 minutes)
10. Facial Makeup* (20 minutes)
11. Eyelash Enhancement+ (this section may be administered during Facial Makeup (Content Domain Section 10) between eyeliner and mascara application) (10 minutes)
12. Blood Exposure Procedure* (Untimed)

+Denotes Additional Sections for States that elect to test this/these sections. Confirm State requirement. Administration of any of these sections must be done in the order outlined above.

**ESTHETICS PRACTICAL EXAMINATION
TASK LINES AND VERBAL INSTRUCTIONS**

**1. WORK AREA AND CLIENT PREPARATION, AND
SET UP OF SUPPLIES (15 minutes)**

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare and set up your work area for your client.”

“You will set up the universal supplies that you will use throughout the examination.”

“You will also set up for:

cleansing the face with product

exfoliating the face with product, using facial brush, and including towel steaming

massaging the face with product.”

“Prepare your client for the services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Step back to indicate you have finished.”

(Additional verbal instructions if hard wax is used): *“Please plug in and turn on your wax pots at this time.”*

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English (manufacturer’s label) as EPA-registered, hospital-grade disinfectant
- 1.2 Sanitizes hands with product labeled in English (manufacturer’s label)
- 1.3 Universal supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 1.4 Applies protective covering to model/mannequin hair and body
- 1.5 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

2. CLEANSING OF THE FACE WITH PRODUCT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform cleansing of the face with product.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 2.1 Facial cleansing supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 2.2 Implements and supplies are visibly clean
- 2.3 Cleanses eye area completely
- 2.4 Cleanses lips completely
- 2.5 Distributes cleanser over face
- 2.6 Removes residual makeup and cleanser
- 2.7 Applies toner/astringent
- 2.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back, please read the following statement to all candidates:

“Please stop working.”

3. EXFOLIATING THE FACE WITH PRODUCT, USING FACIAL BRUSH, INCLUDING TOWEL STEAMING (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform exfoliating the face with product, using facial brush, including towel steaming.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 3.1 Exfoliation supplies are labeled in English (If original manufacturer's label is present, it must have English and may be multi-language, any other created label must be only English)
- 3.2 Implements and supplies are visibly clean
- 3.3 Applies exfoliating product over face and manipulates with facial brush excluding eyes and mouth
- 3.4 Steam towel is applied and removed
- 3.5 Removes residual product
- 3.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

4. MASSAGING THE FACE WITH PRODUCT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform massaging the face with product.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 4.1 Massage supplies are labeled in English (If original manufacturer's label is present, it must have English and may be multi-language, any other created label must be only English)
- 4.2 Implements and supplies are visibly clean
- 4.3 Distributes massage product over face
- 4.4 Demonstrates effleurage movement
- 4.5 Demonstrates petrissage movement
- 4.6 Demonstrates tapotement movement
- 4.7 Demonstrates friction movement
- 4.8 Removes residual massage product

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Proctor – Verbal Instructions: Read to all candidates:

“You will have 5 minutes to breakdown and properly dispose of supplies used in the previous sections of this examination.”

“You will be informed when you have 2 minutes remaining.”

“Do not set up or demonstrate any services until the verbal instructions have been read and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

4.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

5. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your work area for a NEW client.”

“You will also prepare your client for services.”

“You will set up your work area with the universal supplies that you will use for the remainder of the examination.”

“You will also set up your work area for the following sections of the examination:

hair removal of the eyebrows (tweezing and simulated soft wax),

+ hair removal of the upper lip (hard wax)

+ microdermabrasion

facial mask,

facial makeup,

+ eyelash enhancement.”

+Denotes Additional Sections for States that elect to test this/these sections. Confirm State requirement. Administration of any of these sections must be done in the order outlined above.

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

5.1 Disinfects all work areas completely with product labeled in English (manufacturer’s label) as EPA-registered, hospital-grade disinfectant

5.2 Sanitizes hands with product labeled in English (manufacturer’s label)

5.3 Universal supplies are labeled in English (If original manufacture’s label is present, it must have English and may be multi-language, any other created label must be only English)

5.4 Applies new protective covering to model/mannequin hair and body

5.5 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

6. HAIR REMOVAL OF THE EYEBROWS BY TWEEZING AND USING SIMULATED SOFT WAX (Untimed)

Proctor – Verbal Instructions:

“You will perform the hair removal of the eyebrows by tweezing and using simulated soft wax.”

“You will demonstrate hair removal from one eyebrow by tweezing.”

“You will demonstrate hair removal from the other eyebrow using simulated soft wax.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will be instructed individually by the examiner to demonstrate the tweezing and soft wax procedures.”

“This is an untimed section.”

“Do not begin hair removal until you are instructed to do so by the examiner.”

(1) *“The instructions will be repeated.”*

HAIR REMOVAL OF EYEBROWS - TWEEZING

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate hair removal of the eyebrow by tweezing.”

Candidates will be evaluated on the following tasks:

- 6.1 Hair removal of the eyebrows (tweezing and simulated soft wax) supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 6.2 Implements and supplies are visibly clean
- 6.3 Candidate wears gloves
- 6.4 Applies antiseptic to eyebrow area
- 6.5 Holds skin taut (without slack)
- 6.6 Demonstrates tweezing of hair in direction of hair growth
- 6.7 Applies antiseptic to treated area

HAIR REMOVAL OF EYEBROWS – SIMULATED SOFT WAX

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate the hair removal of the eyebrow using simulated soft wax.”

- 6.8 Applies antiseptic to eyebrow area
- 6.9 Uses absorbent material or product to dry eyebrow area
- 6.10 Tests temperature of simulated wax product on wrist
- 6.11 Applies simulated wax product along entire length of eyebrow in direction of hair growth
- 6.12 Smooths wax strip over simulated wax product

- 6.13 Holds skin taut (without slack)
- 6.14 Removes wax strip in opposite direction of hair growth
- 6.15 Applies antiseptic to treated area
- 6.16 Applies post-epilation product to treated area
- 6.17 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Examiner – Verbal Instructions: Read to each candidate individually once the hair removal of the eyebrows procedure has been examined:

“Please step back and do nothing until the next verbal instructions are given.”

Proctor - Verbal Instructions: Read to all candidates once the hair removal of eyebrows procedure has been examined for each candidate and it is time to proceed to next section of examination:

“All examiners have indicated they have completed their assessment.”

7. HAIR REMOVAL OF THE UPPER LIP USING HARD WAX (Untimed) + Additional Section+

Proctor – Verbal Instructions:

“You will perform hair removal of the upper lip with hard wax.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“Do not begin demonstrating this section until you are instructed by the examiner.”

“This is an untimed section.”

“You will be instructed individually by the examiner to demonstrate the procedure.”

(1) *“The instructions will be repeated.”*

Candidates will be evaluated on the following tasks:

- 7.1 Hard wax supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 7.2 Implements and supplies are visibly clean

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate hair removal of the upper lip using hard wax.”

- 7.3 Candidate wears gloves
- 7.4 Cleanse area to be waxed
- 7.5 Uses absorbent material or product to dry area to be waxed
- 7.6 Tests temperature of hard wax product on wrist
- 7.7 Applies hard wax along upper lip area
- 7.8 Hold skin taut (without slack)
- 7.9 Removes hard wax
- 7.10 Applies antiseptic to treated area
- 7.11 Applies post-epilation product to treated area
- 7.12 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Examiner – Verbal Instructions: Read to each candidate individually once the hair removal of the upper lip procedure has been examined:

“Please step back and do nothing until the next verbal instructions are given.”

Proctor - Verbal Instructions: Read to all candidates once the hair removal of upper lip procedure has been examined for each candidate and it is time to proceed to next section of examination:

“All examiners have indicated they have completed their assessment.”

8. PARTICLE MICRODERMABRASION ON THE FOREHEAD (10 minutes) + Additional Section+

Proctor – Verbal Instructions:

“You will perform particle microdermabrasion.”

“You will demonstrate horizontal and vertical strokes on the forehead.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Please step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 8.1 Microdermabrasion supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 8.2 Implements and supplies are visibly clean
- 8.3 Applies degreaser/prep solution
- 8.4 Dries excess moisture
- 8.5 Applies eye protection to model/mannequin
- 8.6 Candidate wears eye protection and mask that covers mouth and nose
- 8.7 Candidate wears gloves
- 8.8 Holds skin taut (without slack)
- 8.9 Demonstrates vertical strokes with simulated hand piece across entire forehead. Cord must be attached to hand piece
- 8.10 Demonstrates horizontal stroke with simulated hand piece across entire forehead. Cord must be attached to hand piece
- 8.11 Removes particles from treated area
- 8.12 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

9. FACIAL MASK AND CONCLUSION OF FACIAL SERVICE (10 minutes)

Proctor – Verbal Instructions:

“You will apply the facial mask and conclude the facial service.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 9.1 Facial mask supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 9.2 Implements and supplies are visibly clean
- 9.3 Applies mask to cover face excluding eyes and lips
- 9.4 Removes mask
- 9.5 Applies toner/astringent
- 9.6 Applies moisturizer
- 9.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

10. FACIAL MAKEUP (20 minutes)

Proctor – Verbal Instructions:

“You will apply facial makeup.”

“You are expected to brace when working around the eye and mouth areas.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 10.1 Facial makeup supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 10.2 Implements and supplies are visibly clean
- 10.3 Applies protective covering to shoulders
- 10.4 Secures hair off face
- 10.5 Applies foundation to cover face
- 10.6 Applies powder to face
- 10.7 Applies blush
- 10.8 Grooms eyebrows
- 10.9 Applies eyeshadow
- 10.10 Applies eyeliner
- 10.11 Applies mascara
- 10.12 Applies lip liner
- 10.13 Applies lip color
- 10.14 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

**11. EYELASH ENHANCEMENT (10 minutes)
+ Additional Section+**

Proctor – Verbal Instructions:

“You will apply eyelash enhancement.”

“You are expected to brace when working around the eyes.”

“You will add a complete eyelash band to the full length of the lash line of both eyes.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Please step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 11.1 Eyelash enhancement supplies are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 11.2 Implements and supplies are visibly clean
- 11.3 Brushes lashes to remove foreign matter
- 11.4 Measures and cuts band to appropriate length **PRIOR** to application
- 11.5 Applies adhesive to the band
- 11.6 Applies band starting from inner corner of the eye (near the nose)
- 11.7 Applies band so lashes follow natural lash line
- 11.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

12. BLOOD EXPOSURE PROCEDURE (Untimed)

Proctor – Verbal Instructions: Read to all candidates:

“You will demonstrate the blood exposure procedure.”

“You will imagine the following scenario: During a service, your client has sustained a minor cut to the forehead. The injury is such that you can continue with the service. You have not come in contact with the blood and your work area has not been contaminated. You are expected to demonstrate the proper procedure for a blood exposure.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“Do not remove materials from the first aid kit until you are instructed by the examiner to begin the procedure.”

“This is an untimed section.”

“You will be instructed individually by the examiner to demonstrate the blood exposure procedure.”

“Do not begin until you are instructed to do so by the examiner.”

(1) *“The instructions will be repeated.”*

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate the blood exposure procedure for this scenario.”

Candidates will be evaluated on the following tasks:

- 12.1 Blood exposure supplies and materials are labeled in English (If original manufacturer’s label is present, it must have English and may be multi-language, any other created label must be only English)
- 12.2 Removes materials from first aid kit
- 12.3 Supplies and materials are visibly clean
- 12.4 Candidate wears gloves
- 12.5 Cleans injured area with antiseptic (e.g., alcohol, hand sanitizer)
- 12.6 Covers with dressing that is absorbent and secured
- 12.7 Disposes of all contaminated supplies

Examiner – Verbal Instructions: Read to each candidate individually once the blood exposure procedure has been examined:

“Please step back and do nothing until the next verbal instructions are given.”

CANDIDATE SUMMARY AND FINAL CLEANUP

Proctor – Verbal Instructions: Read at the conclusion of the examination:

“All examiners have indicated they have completed their assessment.”

“This concludes the National Esthetics Practical Examination.”

“Make sure that all kit supplies and disposable materials are taken with you.”

“Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination.”

SUGGESTED EXAMINATION SUPPLIES

All supplies must be labeled in English. No other languages can be present unless an original manufacturer's label is present. Original manufacturers' labels must have English and may be multi-language. All other created labels must be only English

*** Please refer to State guidelines**

UNIVERSAL SUPPLIES (Also known as General Supplies)

- dry storage kit/container*
- hand sanitizer with real product and manufacturer's label
- mannequin pre-marked with make-up are **NOT** permitted, however, Esthetic mannequins need eyebrows.
- body drapes
- head bands and drapes
- EPA-registered disinfectant with real product and manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used*
- container labeled "items to be disinfected" for items to be disinfected
- bag or container labeled "soiled linens" for soiled items
- bag or container labeled "trash" for trash
- cloth and paper towel(s)
- tissues
- cotton rounds
- sponges
- gauze pads
- disposable applicators
- spatula(s)
- container of water
- first aid kit
- tape

CLEANSING THE FACE SUPPLIES

- facial cleanser
- cotton rounds
- sponges
- gauze pads
- astringent or toner
- container of water

EXFOLIATING AND STEAMING THE FACE SUPPLIES

- exfoliation product
- facial brush
- wet steam towel(s)
- cotton rounds
- sponges
- gauze pads
- container of water

MASSAGING THE FACE SUPPLIES

- massage product
- cotton rounds
- sponges
- gauze pads
- spatula(s)

HAIR REMOVAL OF THE EYEBROWS SUPPLIES

*** Please refer to State guidelines**

- antiseptic
- tweezers
- gloves
- fabric strips
- soft wax/simulated product*
- post-epilation product
- tissue, gauze, or cotton rounds
- disposable applicator

+HAIR REMOVAL ON UPPER LIP SUPPLIES (ADDITIONAL SERVICE)

*** Please refer to State guidelines**

- gloves
- antiseptic
- hard wax*
- wax heater*
- tissue, gauze, or cotton rounds
- post-epilation product
- disposable applicator

+PARTICLE MICRODERMABRASION SUPPLIES (ADDITIONAL SECTION)

- hand piece or simulated hand piece with 4-foot tubing or simulated tubing attached
- simulated degreaser/prep solution
- dry material for brushing (e.g., brush, gauze, cotton, etc.)
- face mask (for candidate)
- eye protection (for candidate)
- eye protection (for mannequin/model)
- bowl
- gloves
- tissue, gauze, or cotton rounds
- sponges
- container of water

FACIAL MASK SUPPLIES

- mask product (with color)
- astringent or toner
- moisturizer
- tissue, gauze, or cotton rounds
- sponges
- mask brush
- spatula(s)

FACIAL MAKEUP SUPPLIES

- head band/drape
- body drape
- foundation, powder, and blush
- eye shadow, eyeliner, and mascara
- eyebrow brush
- lip liner and lip color
- palette
- tissue, gauze, or cotton rounds
- cosmetic sponges
- disposable applicator(s)
- spatula(s)

+EYELASH ENHANCEMENT SUPPLIES (ADDITIONAL SECTION)

- head band/drape
- disposable lash brush
- eyelash bands (must be a length longer than natural lash line)
- eyelash band adhesive
- tweezers
- scissors

BLOOD EXPOSURE PROCEDURE SUPPLIES

- first aid kit
- bag for disposal of blood-contaminated materials

ESTHETICS REFERENCES

PRIMARY REFERENCES

Salon Fundamentals Esthetics – A Resource for Your Skin Care Career

2007, 11th printing, 2nd Edition, August 2013

Pivot Point International, Inc.

World Headquarters

1560 Sherman Avenue, Suite 700

Evanston, IL 60201

800-886-4247

www.pivot-point.com

Milady's Standard Esthetics: Fundamentals

2013, 11th Edition

Joel Gerson

Milady

5 Maxwell Drive

Clifton Park NY 12065-2919

www.milady.cengage.com

NIC Infection Control and Safety Standards

Adopted 1998; Revised October 2002, Revised August 2014

National-Interstate Council of State Boards of Cosmetology

[http://nictesting.org/memberinfo/NIC Health & Safety Standards- Aug 2014.pdf](http://nictesting.org/memberinfo/NIC_Health_&_Safety_Standards- Aug 2014.pdf)

SUPPORTING REFERENCES

Salon Fundamentals Esthetics – A Resource for Your Skin Care Career

2007, 10th printing, 2nd Edition, September 2012

Pivot Point International, Inc.

World Headquarters

1560 Sherman Avenue, Suite 700

Evanston, IL 60201

800-886-4247

www.pivot-point.com

Salon Fundamentals Esthetics – A Resource for Your Skin Care Career

2007, 7th printing, 2nd Edition, February 2011

Pivot Point International, Inc.

World Headquarters

1560 Sherman Avenue, Suite 700

Evanston, IL 60201

800-886-4247

www.pivot-point.com

Milady's Standard Esthetics: Fundamentals

2009, 10th Edition

Joel Gerson

Delmar

5 Maxwell Drive

Clifton Park NY 12065-2919

www.delmar.cengage.com